

Roll No.

Total No. of Questions : 7]

[Total No. of Printed Pages : 3

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Hotel Management - Ist Semester (BHMC)

Examination, 2018

Nutrition

Paper - HMCT-107

Time : 3 Hours]

[Maximum Marks : 50

Note :- Attempt any **five** questions.

1. Define Nutrition, classify nutrients 10
2. Explain energy. What factors are considered for determining the energy requirement of a person. 10
3. Discuss the functions of fat in the body also explain the essential fatty acids. 10

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(1)

P.T.O.

4. Write short on :- 10
 - (a) Balanced bill
 - (b) PEM
5. Write the dietary sources of carbondioxide in our daily life. 10
6. Write the nutrition significance of following :- 10
 - (a) Eggs
 - (b) Milk
 - (c) Fish
 - (d) Potatoes

Note :- Compulsory questions

7. Explain in one or two lines 10
 - (a) Anorexia
 - (b) Mal nutrition
 - (c) Glucose
 - (d) Amino Acid
 - (e) Hydrogenated fat

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(2)

- (f) Vit. - D
- (g) Iron
- (h) Calcicum
- (i) BMR
- (j) BMI
- (h) Health



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